

IAAF WORLD INDOOR CHAMPIONSHIPS SOPOT POL MARCH 2014

DAY 1 - Friday, Morning, 7 March			DAY 2 - Saturday, Morning, 8 March			DAY 3 - Sunday, Morning, 9 March		
10:00	High Jump	W Q	10:00	60m H Hep	M			
10:05	400m	W R1	10:05	Triple Jump	M Q			
10:15	Shot Put	M Q	10:15	60m H	M R1			
10:40	400m	M R1	10:30	Shot Put	W Q			
11:20	Triple Jump	W Q	10:50	60m	W R1			
11:25	3000m	W R1	11:00	Pole Vault Hep	M			
12:00	60m H Pen	W	11:50	4 x 400m	M R1			
12:10	60m Hep	M	12:05	High Jump	M Q			
12:25	1500m	M R1	12:15	Long Jump	W Q			
12:35	High Jump Pen	W	12:20	4 x 400m	W R1			
13:00	800m	W R1						
13:05	Long Jump Hep	M						
13:30	800m	M R1						
14:15	Shot Put Pen	W						
<b>DAY 1 - Friday, Afternoon, 7 March</b>			<b>DAY 2 - Saturday, Afternoon, 8 March</b>			<b>DAY 3 - Sunday, Afternoon, 9 March</b>		
16:45	Opening Ceremony		18:00	Pole Vault	M Final	14:50	Pole Vault	M MC
18:00	Long Jump Pen	W	18:05	Triple Jump	W Final	15:00	Pole Vault	W Final
18:05	60m H	W R1	18:10	60m H	W SF	15:05	Long Jump	W Final
18:30	Shot Put Hep	M	18:30	60m	M SF	15:15	60m	W SF
18:40	60m	M R1	18:50	Shot Put	W Final	15:45	60m H	M SF
19:20	Long Jump	M Q	19:00	1500m	W Final	16:10	3000m	M Final
19:35	1500m	W R1	19:15	High Jump	W Final	16:30	High Jump	M Final
19:55	High Jump Hep	M	19:20	1000m Hep	M	16:35	800m	W Final
20:05	Shot Put	M Final	19:40	400m	W Final	16:50	3000m	W Final
20:10	800m Pen	W	19:50	Long Jump	M Final	17:10	Triple Jump	M Final
20:25	3000m	M R1	20:00	1500m	M Final	17:20	800m	M Final
20:55	400m	W SF	20:30	400m	M Final	17:45	4 x 400m	W Final
21:15	400m	M SF	20:45	60m H	W Final	18:05	60m	W Final
21:24	Shot Put	M MC	20:57	60m	M Final	18:20	60m H	M Final
						18:40	4 x 400m	M Final